



For Allergy Resources for
Schools Visit
Schools.AllergyHome.Org

Food Allergy Resources [SITE: AllergyHome.org/tools](http://AllergyHome.org/tools)

– Slideshow Presentation with Audio

Food Allergy Education for Parents in the School Community

Target Audience and Disclaimer

A 1 minute description of the intended audience and disclaimer for the food allergy education modules

Food Allergy 101 for Parents

This 6 minute slideshow with audio is created to increase food allergy awareness in all parents in the school community. It highlights basic facts about food allergies and the constant need for prevention and preparedness. The presentation is designed to help foster an understanding and supportive community.

How to Prevent Food Allergy Reactions

This 8 minute slideshow with audio outlines strategies to avoid exposure to food allergens in and out of the school setting. The presentation discusses the importance of label reading and avoiding hidden allergens and cross-contact.

How to Prepare for a Food Allergy Reaction

This 6 minute slideshow with audio discusses the importance of being prepared to recognize and treat severe allergic reactions.

Supplemental Food Allergy Education Modules

Babysitter Guide to Food Allergies

Guide to review key food allergy management principles and to inform other caretakers about your child's specific food allergies. Handy reference for playdates, birthday parties, and other drop-off situations.

How to Use an EpiPen (Epinephrine Autoinjector)

How to Read an Ingredient Label for Food Allergies

Test Your Food Allergy Knowledge: Do You Know Answers to These Common Food Allergy Questions?

Nine interactive True/False questions that are designed to increase food allergy awareness while reviewing some skills important for managing food allergies. These questions address some common myths that can sometimes make things seem scarier than they are.

Food Allergy Awareness for Kids

What are Food Allergies? Explaining to Kids What it Means to Live with a Food Allergy

This 4 ½ minute slide show teaches elementary school age children without food allergies why kids with food allergies need to do things a bit differently. It is designed to increase understanding, encourage children to support their classmates, and discourage bullying. This resource can be used by school nurses and teachers in the classroom as well as a tool to introduce families in the school community to the basic concepts of food allergies.